



Character Strengths and Virtues: A Handbook and Classification

By Christopher Peterson

Oxford University Press, USA. Hardcover. Book Condition: New. Hardcover. 800 pages. Character has become a front-and-center topic in contemporary discourse, but this term does not have a fixed meaning. Character may be simply defined by what someone does not do, but a more active and thorough definition is necessary, one that addresses certain vital questions. Is character a singular characteristic of an individual, or is it composed of different aspects Does character--however we define it--exist in degrees, or is it simply something one happens to have How can character be developed Can it be learned Relatedly, can it be taught, and who might be the most effective teacher What roles are played by family, schools, the media, religion, and the larger culture This groundbreaking handbook of character strengths and virtues is the first progress report from a prestigious group of researchers who have undertaken the systematic classification and measurement of widely valued positive traits. They approach good character in terms of separate strengths-authenticity, persistence, kindness, gratitude, hope, humor, and so on--each of which exists in degrees. Character Strengths and Virtues classifies twenty-four specific strengths under six broad virtues that consistently emerge across history and culture: wisdom, courage, humanity, justice, temperance,...



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