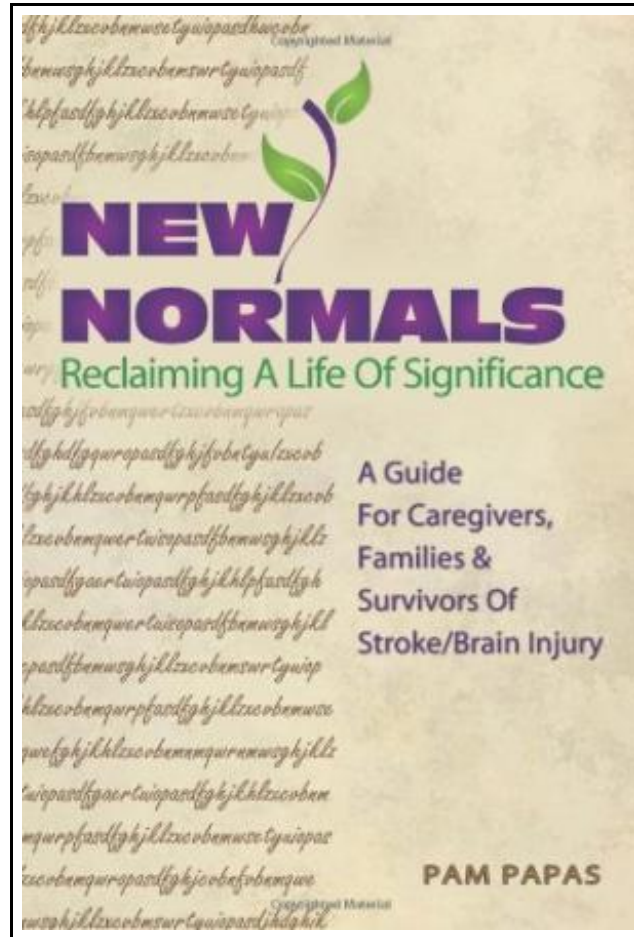


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NEW NORMALS RECLAIMING A LIFE OF SIGNIFICANCE



Papas Press LLC, United States, 2009. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.This is an important guide for survivors, caregivers, and families that experience the devastating effects of stroke or brain injury. The number one cause of disability in the United States is due to stroke/ brain injury. Every forty five seconds someone suffers a stroke. The statistics are even higher for traumatic brain injury, and are reaching record proportions daily, as a by-product of the two wars America faces, with Afghanistan and Iraq. From a layperson's perspective, the author, Pam Papas, shares her knowledge and recent experience as her husband, Chris, miraculously survives an extremely large brain hemorrhage. She engages you in her well documented journey, as she creates a healing atmosphere for his recovery. She reminds us of the importance of words and thoughts we share to comfort each other. Because, it is often through the generosity of those that listen those that understand your plight, that we are rescued. Just the right word at the right moment carries its own healing power. Each chapter provides a Best Practices section of strategies that were employed during her husband's recovery, or learned from his process. She carefully guides you through the wide range of emotions associated with stroke, and encourages your endurance. While the majority of the chapters are dedicated to the care of the survivor, she also addresses the caregiver and family needs to nurture their own trauma as well. The guide is not a medical book, instead it embraces the gap between medical science, healing and recovery. This is a story of faith, hope and endurance. A much needed resource, for caregivers, families and survivors of stroke or brain injury. The book is designed...



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