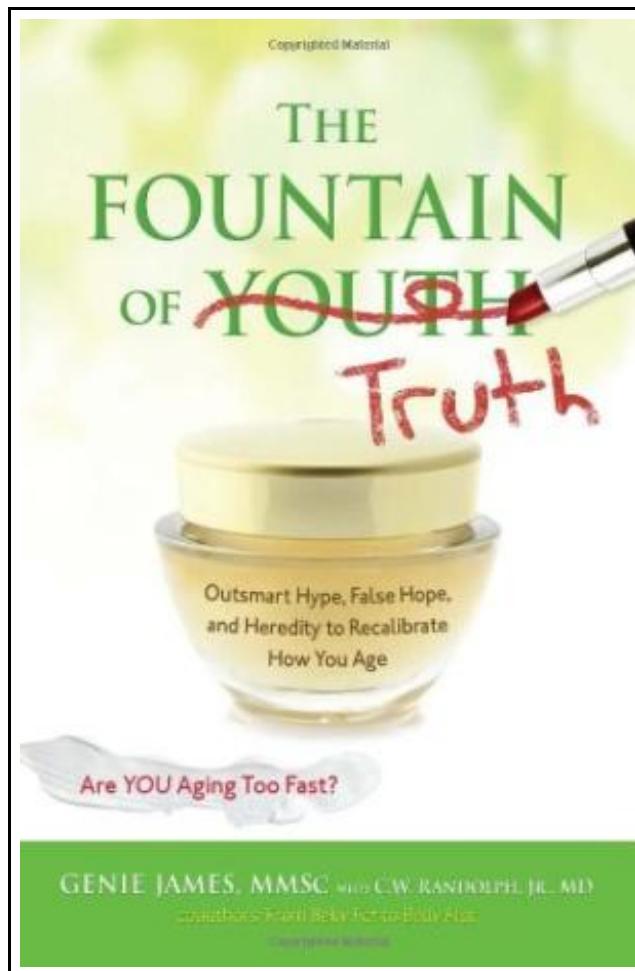


## The Fountain of Truth: Outsmart Hype, False Hope, and Heredity to Recalibrate How You Age



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